

End-of-Life Book Club Template

These books are just to get you started. There are many other excellent books to consider. Find the ones that best fit the needs of your group.

Have one person in your group take the lead on each book. Consider the lessons to be learned and also the practical applications for your own life.

Month	Theme to be Addressed:	Recommended Book
1	Reflections on life from the pen of a dying man	The Legacy Letters by Carew Papritz
2	Understanding death and dying issues in the US	Knocking on Heaven's Door by Katy Butler
3	Why and how to create advance directives	It's OK to Die by Monica Williams-Murphy MD
4	How to prepare for dying by living a full life	When Breath Becomes Air by Paul Kalanithi MD
5	How to live, love, and die consciously	Grace and Grit by Ken Wilber
6	Understanding the impact of Alzheimer's disease	Still Alice by Lisa Genova
7	How to communicate with an Alzheimer's patient	Connecting the Dots by Judith London
8	Finding humor in death and dying	Exit Laughing by Victoria Zackheim
9	Learning the skills necessary to "die wise and die well"	Die Wise by Stephen Jenkinson
10	Rituals for coping with grief	The Wild Edge of Sorrow by Francis Weller
11	Considering funeral and burial options	Smoke Gets in Your Eyes by Caitlin Doughty
12	Exploring the possibility of an afterlife	The Afterlife of Billy Fingers by Annie Kagan

Other book titles:

- Being Mortal by Atul Gawande MD
- Enjoy Every Sandwich by Lee Lipsenthal MD
- The Four Things That Matter Most by Ira Byock MD
- What Really Matters by Karen Wyatt MD
- Proof of Heaven by Eben Alexander MD